

**Eastside Primary Care & Wellness**  
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## **MicroLaserPeel™ Post Treatment Instructions**

### **Post Treatment Care**

Apply Aquafor, Bacitracin or other ointment for at least two days or as required.

You will feel warmth on the face immediately following the procedure.  
Apply cold compress to relieve the warmth.

For pain management: As directed, i.e. extra strength Tylenol.

Prolonged sun exposure is to be avoided for 4 weeks before and after treatment. A total sun block, not a sunscreen, should be applied if it is impossible to comply. If further treatment is needed a **commitment to stay out of the sun is necessary**. Sun exposure may cause certain complications (possibility of blistering and/or hyper pigmentation).

Makeup can be applied as long as the skin is not broken. Makeup can also serve to protect the skin from sun exposure with a combination of sun block.

### **Long Term Care**

Continue to moisturize your skin and **always** reapply sun block regularly throughout the day. Ask our staff regarding our skincare fitness systems.

The healing process varies from patient to patient but will generally take from two to four days. Immediately following the procedure you will feel as if you have a bad sunburn (warmth). There will be minor sloughing and itchiness the following day, remember to keep the site moist with ointment. If crusting develops it should be allowed to fall off naturally (no picking). By day two, redness will begin to fade and by day three any redness can be easily covered by makeup.

Results will vary from patient to patient. Some patients might see results after the first treatment. However, it will take at least an average of 3 treatments to see results.

If you have any questions or concerns, please contact our clinic without hesitation.