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ClearScan™ Laser Microvascular Treatment: Post Treatment Instructions

Post Treatment Response

The laser energy is capable of penetration and selective coagulation of blood vessels without damage to the skin. Erythema (redness) and edema (swelling) may be seen for 4 to 6 hours following the laser treatment. Blistering can occur during the first three days following the laser procedure. Blistered areas should be treated with care, keeping the area moist with an ointment until area has healed. Some patients develop raised papules similar to hives. This irritation usually subsides in a few hours.

The laser is used to reduce flushing, telangiectasia, or redness. Results vary with each individual. Multiple treatments may be necessary over a time span (2-4 week intervals) to reduce redness in most areas. Results should be evaluated several weeks post treatment.

Post Treatment Care

Avoid sun exposure or tanning lights. A broad spectrum (UVA/UVB) sun block with an SPF of 30 must be applied 15 minutes prior to casual sun exposure. Reapply every 2 hours or after swimming.

Avoid activities which will dilate your vessels, such as aerobic exercise, use of a sauna, or immersion in a hot tub for 48 hours following your procedure.

Ointment or moisturizers should be applied to the area to prevent drying and crusting. If crusting develops it should be allowed to fall off naturally (no picking). An antibiotic ointment should be utilized if there is any blistering or break in the skin. Contact the office if there is an indication of infection (redness, tenderness or pus).

Caution should be used when applying or removing makeup. The treated area may be delicate and should be treated with care. Rough removal of makeup can increase the incidence of post treatment complications

You should schedule a follow up visit at 2-4 weeks.